British Sub-Aqua Club

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Admin Information

SUMMARISED CONTENTS OF ADVANCED DIVER TRAINING PROGRAMME

The ADVANCED DIVER Course consists of the following elements:

- four theory lessons
- two dry practical lessons
- two open water lessons

- theory assessment
- twenty dives in range of conditions

The course has relatively few 'formal' practical lessons and is much more heavily based on a further structured broadening of experience in a wide range of conditions.

THEORY TRAINING

THE ROLE OF THE ADVANCED DIVER

Expanding the role of the Dive Manager Planning for unknown sites Tides – Weather

ADVANCED DIVING

Extending experience Equipment configurations Equipment to support advanced diving Other diving gases – Rebreathers

ORGANISING DIVING FROM DIFFERENT PLATFORMS

Dive Management General sea awareness Buoyage – Rule of the road – Crewing

REVIEW OF DIVING CONDITIONS AND ON-SITE FIRST AID

General predisposing factors Gases under pressure Review of diving related conditions A practical review of the use of oxygen Administration equipment Managing an incident ADVANCED DIVER - OPEN WATER DIVES

DIVING AND RESCUE SKILLS REVIEW

Emergency procedures including self rescue and surface assistance to a buddy

RESCUE SKILLS AND MANAGEMENT REVIEW

Rescue an unconscious diver from depth Surface management of a similar rescue

EXPEDITION PLANNING

Use available sources of information to select dives sites in areas unknown to the Branch/Centre

DIVE PLANNING AND MANAGEMENT

Act as Dive Marshal for diving at sites unknown to the Branch/Centre involving multi-day diving at locations remote from the Branch's/Centre's normal area of operation

DIVING EXPERIENCE

Have experience of a range different diving conditions during 20 dives totalling a minimum of 600 mins in water time since qualifying as a Dive Leader Have experience of acting as Dive Leader Have experience of diving form boats Have experience of acting as a Dive Manager at a range of sites including some unknown to the Branch/Centre Have experience of depths exceeding 30m

ADVANCED DIVER THEORY TEST